

## Ursuline's October Newsletter

*Following in Jesus' footsteps we love, learn and grow together.*



**Reception** are loving our weekly visits to the school library. What an inspirational space to enjoy books! We have been exploring books from different genres, engaging in a book gossip, listening to a story read by a teacher and taking our love of reading back to the classroom, where we choose reading books for pleasure to read at home with family.

### Year 1

Year 1 have really enjoyed bringing together all our learning in art and producing our own colourful artwork inspired by Sarah Morris. We used colours, shading textures and our knowledge of 2D shape to produce vibrant individual artwork. We have also been making great use of our local area to continue our geography fieldwork. We followed a route around the local area and identified landmarks along the way. In computing, year 1 have become experts at identifying parts of a PC or laptop and have developed our mouse skills to draw some amazing alien faces.



**Year 2** have been busy learning about the importance of hand washing. We discussed how germs can easily be spread from one person to another through making contact with different surfaces. We enjoyed experimenting with the 'Glitter Bug Gel' to see how clean our hands were after washing. We used the UV light to show where we had germs still left on our hands. We have also been busy exploring our local area. We followed a route marked out on a map for our walk and we looked to see what different human and physical features there are in our local area.





**Year 3** have had so much fun during our Science lessons learning all about our bodies. More recently we have been focusing on the skeleton, the many different bones we have and their functions. We especially enjoyed making our own 'Pasta Skeletons' to show the different bones we had learnt and where they are on the body. We worked with our partners and had lots of great discussions using key vocabulary to share our knowledge.



**Year 4** students have had a great time putting their scientific skills to the test during their Science lessons learning about states of matter. They have applied their knowledge and experimented with thermometers to record the temperature of different types of water. We worked with our tables to predict and then record our findings on a bar chart.





**Year 5** have been thoroughly enjoying developing our fieldwork skills in Geography, getting to grips with the 8 point compass and also 6 figure grid references. We are also proving ourselves to be fabulous artists through our clothes design topic. We've been looking at how to create shading and folds in our most recent sessions. Military school has seen us using STEM equipment to build trolleys for 'Human Hungry Hippos' and most recently, Go Karts!



**Year 6** have thoroughly enjoyed our PE lessons, especially during health and fitness. We have been pushing ourselves in exercise circuits, focusing on developing our muscles throughout different parts of our body. We definitely have some future athletes and gymnasts in the making!



## Sporting News

On Monday 9th October our girls football team played their first football match of the league season against St Nicholas Primary School. The girls have been eager to play since the beginning of the school year and they did not disappoint as they put in a fantastic performance and came out 4-1 winners. Well done girls!

## Harvest Festival

We recognised Friday's 'Family Fast Day' as a day for praying and sharing as we gathered in prayer, reflection and song for our school Harvest festival. Each year group led us in a joyous song full of warmth and love and thank you to Class 6D for provoking our thinking as we remembered people facing the most difficult challenges imaginable, as part of one global family enabled by your Prayer and Liturgy. Thank you also to Kathy and Jim Sullivan for delivering the car loads of food to local food banks donated by yourselves in support of our local community.

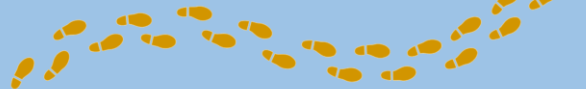


## Launch of our Mission Statement

On Tuesday 3<sup>rd</sup> October we gathered for extended Prayer and Liturgy to put our new Mission Statement into action. We listened to and reflected on the scripture of Luke Chapter 5 Verses 1-11 as Jesus calls his first disciples. As part of our Go Forth, each class has carried out simple actions around school or in our local community and all pupils and staff have recorded how they will live out the Gospel values and follow Jesus. These will be displayed on footprints in our school foyer.



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love, learn and grow together'**



## Rosary Club

October is a month traditionally dedicated to Our Lady and the Holy Rosary. Thank you to Joan Palmer from St Joseph's for leading our packed classroom in the Rosary at dinnertime. We welcome her each week as we journey through October in prayer.



## The Handcrafted Bible Exhibition

Thank you to the Community at Irenaeus Waterloo for welcoming our Mini Vinnie group last Friday. We journeyed through scripture by visiting knitted scenes of Adam and Eve (Genesis 2:4-9, 15-17, 3:1-7), Noah's Ark (Genesis 7 :1-7) and Baptism of Jesus (Mark 1:4-11) to name a few. We were able to appreciate the wonder and beauty of God's incredible love for each one of us.



## Wednesday Word

Don't forget to access this wonderful resource to support the sharing of the Gospel at home. Follow the link below to access our prayer resources page where you will find, amongst other resources, The Wednesday Word.

[Family Prayer Resource](#)



## World Mental Health Day

It was great to see so many children wearing an item of yellow in support of Mental Health Day. Thank you for all your generous donations to 'Young Minds'. Once all the money has been counted, we will update you on the total raised.



## Healthy Lunchboxes

We encourage all our parents/carers who provide a packed lunch for their child to provide a balanced meal. Government guidelines recommend that a packed lunch should include:

- One portion of fruit or vegetables each day.
- Meat, fish or another source of non-dairy protein each day (e.g. lentils, beans, pulses, falafel).
- A starchy food each day e.g. rice, potatoes, pasta, noodles, couscous, cereals.
- A dairy food each day e.g. milk, cheese, yoghurt, fromage frais.
- An oily fish at least once every three weeks.

Children are not allowed to bring in fizzy drinks or energy drinks as part of their packed lunch. For further information on healthy lunchboxes please follow the link below.



<https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/>

## Healthy Snacks

All children in the infants are provided with fruit or vegetables at breaktime. Children in KS1 and KS2 can bring in a healthy snack to have at breaktime. Children should not bring in crisps, chocolate and biscuits to have as a snack.

## PTFA

Wednesday 11<sup>th</sup> October PTFA AGM at 6:30pm. All are welcome to attend.

## National 500 Words Writing Competition

Calling all our creative writers across the school

The UK's most successful children's writing competition has now opened for submissions and will run till Friday 10 November.

Children from 5-7 and 8-11 are encouraged to use their creativity and imagination to write a story they would love to read. Class teachers will encourage your child(ren) to enter.

Follow the link below for more information

<https://www.bbc.co.uk/teach/500-words/about-500-words/zctk7v4>



## **Crosby Community 5K Charity Fun Run**

What a wonderful occasion it was last Sunday as we came together with our Catholic Cluster schools to raise money for charity. Many thanks to pupils and staff who ran the 5K race and to those who marshalled and supported the event. A special thanks goes to Family O'Malley and their family and friends who raised money on the day for Claire's House by running a cake stall.



## **PE Kits**

On PE days, please ensure your child is wearing their school PE kit:

- House team coloured T-shirt with school logo (red, yellow, green or blue)
- Navy Blue shorts/skorts
- Black jogging bottoms (If weather is cold)
- Black sweatshirt (If weather is cold)
- Velcro fastening or pull-on pumps or trainers

**Football kits or multicoloured hoodies/sweatshirts should not be worn. Please let school know if you have any difficulties purchasing the correct PE Kit.**

## **Holiday requests**

School has recently received a number of term time holiday requests. As a reminder, we are unable to authorise term time holidays (apart from some exceptional circumstances). Holidays taken during school time may incur a fine.

**Some dates for your diary:**

13.10.23	School Photograph Day
17.10.23	Parents'/Carers' Evening
18.10.23	Parents'/Carers' Evening
19.10.23	School Closes for Half Term
20.10.23	INSET Day
30.10.23	School Re-opens
30.10.23	Year 5 Residential to Condover Hall
1.11.23	Year 5 Children return from Condover Hall
15.11.23	Reception Open Evening for Prospective Families 2024-2025
16.11.23	Whole School Flu Vaccination Programme
30.11.23	Reception Open Evening for Prospective Families 2024-2025
1.12.23	Santa Dash
6.12.23	Book Look for Families 3:30pm-5:30pm
11.12.23	Christmas Performance for Year 3 Families 1:30pm
12.12.23	Christmas Performance for Year 4 Families 1:30pm
13.12.23	Christmas Performance for Reception Families 1:30pm
14.12.23	Christmas Performance for Year 1 Families 1:30pm
15.12.23	Christmas Performance for Year 2 Families 1:30pm
19.12.23	Christmas Dinner and Jumper Day
20.12.23	Year 5 & Year 6 Carol Concert St Joseph's Church 6:30pm
21.12.23	Christmas Party Day
22.12.23	School Closes for Christmas 2pm