Ursuline Catholic Primary School
Curriculum Overview: PE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	To negotiate space and obstacles safely with regard for myself and others; To demonstrate strength, balance and coordination when playing. To run, jump, dance, hop, skip and climb energetically; To further develop and refine a range of ball skills. To use a range of tools to develop my small motor skills; To perform a dance and try to move in time to the music. To understand my emotions and begin to regulate my behaviour; To give focused attention to what the teacher says. To be confident to try new activities; To play cooperatively and take turns with my teammates.					
1	Fundamental Movement Skills (FMS) Object Manipulation	Target Games Gymnastics	Dance Animals Locomotion	Net & Wall Games Striking and Fielding Game Skills	Invasion Games Yoga	Athletics
2	Fundamental Movement Skills (FMS) Unit 2 and 3 Gymnastics	Target Games Gymnastics	Dance Fire of London Personal Challenges	Net & Wall Games Striking and Fielding Game Skills	Invasion Games Yoga	Athletics Swimming
3	Health Related Fitness Swimming	Outdoor Adventurous Activities (OAA) Gymnastics	Dance Egyptians Invasion Games Skills	Striking & Fielding (Rounders) Dodgeball	Invasion Games Hockey Swimming	Athletics Cricket
4	Health Related Fitness Invasion Games Skills	Outdoor Adventurous Activities (OAA) Gymnastics	Dance Romans Netball	Striking & Fielding Tennis Swimming	MILITARY SCHOOL	MILITARY SCHOOL
5	MILITARY SCHOOL	MILITARY SCHOOL	Dance World War 2 Swimming	Striking & Fielding Cricket Gymnastics	Invasion Games Netball and Rugby	Athletics Tennis

6	Health Related Fitness Basketball	Outdoor Adventurous Activities (OAA) Swimming	MILITARY SCHOOL	MILITARY SCHOOL	Invasion Games Hockey and Football	Athletics Cricket